

Four Noble Truths – Four Websites

The four websites, in the table below, have been created with an aspiration to match each website – in a tangential manner only – with one of the Four Noble Truths. The tagline for each website reflects this aspiration.

In reality, the four websites each present the Four Noble Truths and Buddhist teachings in a comprehensive way.

Buddhism communicates its vision of existence through three great images. "Perfect Vision is a vision, first of all, of our actual present state of bondage to conditioned existence as represented by the Wheel of Life. It is also a vision of our potential future state of Enlightenment as represented by the Buddha, or the mandala of Buddhas, or a Pure Land. Finally it is a vision of the path or way leading from the one to the other – a vision, if you like, of the whole future course of evolution" (Sangharakshita, *The Buddha's Noble Eightfold Path*, revised edition, 2007).

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<i>Four Noble Truths</i>	<i>Websites</i>	<i>Website "Theme" and Tagline</i>	<i>Right View (Understanding)</i>
<u>First Noble Truth:</u> Existence of suffering [effect] <u>Task:</u> To understand suffering.	buddhist-spirituality.info	Reality of suffering <i>Making sense of life and reality</i>	". . . [a vision of] our actual present state of bondage to conditioned existence . . ."
<u>Second Noble Truth:</u> Origin of suffering [cause] <u>Task:</u> To abandon suffering.	buddhist-spirituality.com	Causes of suffering <i>Suffering and Its Causes</i>	". . . [a vision of] represented by the Wheel of Life . . ."
<u>Third Noble Truth:</u> Cessation of suffering [effect] <u>Task:</u> To realize cessation.	buddhist-spirituality.org	End of suffering – awakening and Nibbana <i>Awakening and Nibbana</i>	". . . a vision of our potential future state of Enlightenment as represented by the Buddha, or the mandala of Buddhas, or a Pure Land . . ."
<u>Fourth Noble Truth:</u> Path to end of suffering [cause] <u>Task:</u> To develop the path.	buddhist-spirituality.net	Path to follow in order to end suffering <i>The Path to Awakening</i>	". . . a vision of the path or way leading from the one [suffering] to the other [Nibbana] . . ."