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| ***The Dhammapada* – Chapter Themes**  |
| 1. **Pairs** (Contrary Ways)
2. **Mindfulness** (Heedfulness/Watchfulness/Vigilance)
3. **The Mind**
4. **Flowers** (Blossoms/Flowers of Life)
5. **Fools** (The Fool)
6. **The Wise** (The Wise Person)
7. **Arahants** (The Perfected One/Infinite Freedom)
8. **Thousands** (Better than a Thousand)
9. **Evil**
10. **Violence** (The Rod)
11. **Old Age** (Aging/The Aged/Beyond Life)
12. **Self** (The Self/Self-Possession)
13. **The World** (Arise! Watch)
14. **The Buddha** (Awakened/The Enlightened)
15. **Happiness** (Happy/Joy)
16. **Affection** (Dear Ones/Transient Pleasures)
17. **Anger** (Forsake Anger)
18. **Impurity** (Impurities/Hasten and Strive)
19. **The Just** (The Judge/The Righteous/Righteousness)
20. **The Path**
21. **Miscellany** (Miscellaneous/Wakefulness)
22. **Hell** (In Darkness/The State of Woe)
23. **The Elephant** (Endurance/Elephants)
24. **Craving** (Cravings)
25. **Monks** (The Monk/The Bhikkhu/The Mendicant)
26. **Brahmins** (The Priestly One/The Holy Man)
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| **Sources**: ▪ Buddharakkhita, Acharya, trans. *The Dhammapada: The Buddha's Path of Wisdom*. Kandy: Buddhist Publication Society, 1996.▪ Cleary, Thomas. *The Dhammapada: Sayings of Buddha* (Translated from the original Pali). London: Thorsons, 1994.▪ Mascaró, Juan, trans. *The Dhammapada: The Path of Perfection*. Translated from the Pali with an introduction by Juan Mascaró. London: Penguin Books, 1973.▪ Quernmore, Andrew. *The Dhammapada from the Khuddaka Nikaya of the Pali Canon*. London: BCM Box 4398, 2002 (inquire at Vipassana.com).▪ Thanissaro Bhikkhu, trans. *Dhammapada: A Translation.* Barre, Massachusetts: Dhamma Dana Publications, 1998 (available from Metta Forest Monastery). |